

APPENDIX B: Student Daily Health Check

Student Name: _____ Date: ____/____/2020
(MM / DD/ YEAR)

School: _____ Grade: _____ Teacher: _____

Parent/Caregiver Completing Assessment: _____

Complete this Self-Health check each day.

Our schools are clean and sanitized daily. They are low risk for virus transmissions. **Please do not enter a School District 72 facility if you:**

- Answer yes to any of the health check questions
- Have a temperature above 38 °C
- Have unusual or persistent respiratory symptoms

1. Does your child have any of the following symptoms?

- | | | |
|------------------------------------|------------------------------|-----------------------------|
| A. Fever | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| B. Chills | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| C. Cough | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| D. Shortness of breath | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| E. Sore throat | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| F. Runny/stuffy nose | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| G. Loss of sense of smell or taste | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| H. Headache | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| I. Fatigue | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| J. Diarrhea | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| K. Loss of appetite | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| L. Nausea and vomiting | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| M. Muscle aches | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| N. Conjunctivitis (pink eye) | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| O. Dizziness, confusion | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| P. Abdominal pain | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Q. Skin rashes | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| R. Discoloration of fingers/toes | Yes <input type="checkbox"/> | No <input type="checkbox"/> |

2. Have you or anyone in your household returned from travel outside Canada in the last 14 days?

Yes No

3. Are you or is anyone in your household a confirmed contact of a person confirmed to have COVID-19?

Yes No

If you answered "YES" to any of the questions and the symptoms are not related to a pre-existing condition, your child must not come to school.

If they are experiencing any symptoms of illness, contact a health-care provider for further assessment. This includes 8-1-1 or a primary care provider like a physician or a nurse practitioner.